



## A FANTASTIC BUSINESS OPPORTUNITY *Sacred Meals.... Eating Your Way to Good Health!*

I was recently introduced to these amazing meals by a good friend. Not long after she had told me about them, I went to a talk by Don Tolman who, as well as being incredibly inspiring and knowledgeable, talked about a meal he first heard about from a bible reading, the meal was called pulses... These seem to be where the sacred balls first began. Since then I have started hearing other people talking about them and how amazing they are. It wasn't long after I began to eat the Sacred Meals that I started to notice things like having more energy, better memory, sleeping sounder and less food cravings; I also saw that my daughter and other children were naturally drawn to them! So what are they?

The creator of the 7 different Sacred Meals, Pete, studied the scriptures of ancient times and regularly came across certain foods that the Saints, monks and holy people chose to eat. He explains that in biblical scripture there were many references to special meals that were always prepared with loving prayer. Pete talks about reading in the Old Testament, of a meal that only the "holy priests" were allowed to partake of. However, as we are all children of God, we all have a right to partake of these sacred meals.

Pete began making the meals for himself and for friends, after much persistence from others; Pete decided to take the steps to find a way to market this special food so that it could benefit everyone. It wasn't long before Pete met Don Tolman who was doing a very similar thing. Don Tolmans knowledge surpassed anything that Pete had heard anybody else ever speak of and he decided there and then to drop what he was doing and climb on board with Don. Since this time, seven Sacred Meals have been developed....

The 7 Sacred Meals are:

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|---------------|------------------------|
| 1. Sancti-Phi | <i>St John's Meal</i>  |
| 2. Magni-Phi  | <i>Daniel's Meal</i>   |
| 3. Deia-Phi   | <i>Celtic Meal</i>     |
| 4. Carosette  | <i>Yeshwah's Sweet</i> |
| 5. Phi-Pi     | <i>Meal of Genius</i>  |
| 6. Phi-Numint | <i>After Meal Mint</i> |
| 7. Phi-V      | <i>St Earth's Meal</i> |



You can become a member of Abundant Garden which allows you to receive Sacred Meals at companion prices; from here you can begin to make extra income by getting other people involved as companions or by selling them yourself at retail price. This system is described further at the Abundant Garden website [www.abundantgarden.com](http://www.abundantgarden.com)

To become a member of Abundant Garden you will need to

- Go to [www.abundantgarden.com](http://www.abundantgarden.com) ; read and sign the Companion Agreement.
- There is a \$40 annual membership fee.
- Purchase a minimum of 3 bags per month.
- Activate an auto payment for once a month.
- Choose either the 11<sup>th</sup> or 26<sup>th</sup> of each month for your orders to be sent out.
- Please put BEST4Health in the referral section of the form, thank you.

For more information and opportunity please go to [www.abundantgarden.com](http://www.abundantgarden.com)